Interacting Layers of Trauma Exposure

- Economic exploitation, enslavement, colonization, mass incarceration, displacement, cultural hegemony
- Territorial/turf violence, drug dealing, refinery pollution, media assault, gentrification
- Domestic violence exposure, sexual exploitation, gang violence, social identity threat
- Personal traumatic experiences, bullying, family systems stressors, shame,
Interacting Layers of Healing

Historical & Structural Trauma

Community Trauma Exposure

Subsets of Trauma Exposure

Individual needs & distress

Truth & Reconciliation Commissions, Reparations, Redistribution, Open Borders/Safe Haven; Institutional Equity Assessments and Standards

Sanctuary Model, Spiritual healing practices, Listening Campaigns, community empowerment work, collective grief work, restorative justice work

Radical inquiry, popular education and culture building, celebration and healing circles, intervention/postvention, validation

Processing personal traumatic experiences, healing narratives, family healing/integration

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