Disorder versus Distress

**Disorder**: A manifestation of a behavioral, psychological, or biological *dysfunction* within the individual.

**Distress**: *normal* human response to overwhelming stress & sustained through continued response to stress.

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How can ACEs shift the frame from disorder to distress?

*http://www.cdc.gov/violenceprevention/acestudy/pyramid.html*
Adverse Childhood Experiences

- Early Death
- Disease, Disability, and Social Problems
- Adoption of Health-risk Behaviours
- Social, Emotional, & Cognitive Impairment
- Adverse Childhood Experiences

Historical Trauma/Embodiment

- Early Death
- Burden of disease, distress, criminalization, stigmatization
- Coping
- Allostatic Load, Disrupted Neurological Development
- Complex Trauma/ACE
- Race/Social Conditions/Local Context
- Generational Embodiment/Historical Trauma

Microaggressions, implicit bias, epigenetics

Scientific gaps

Trauma and Social Location

*http://www.cdc.gov/violenceprevention/acestudy/pyramid.html