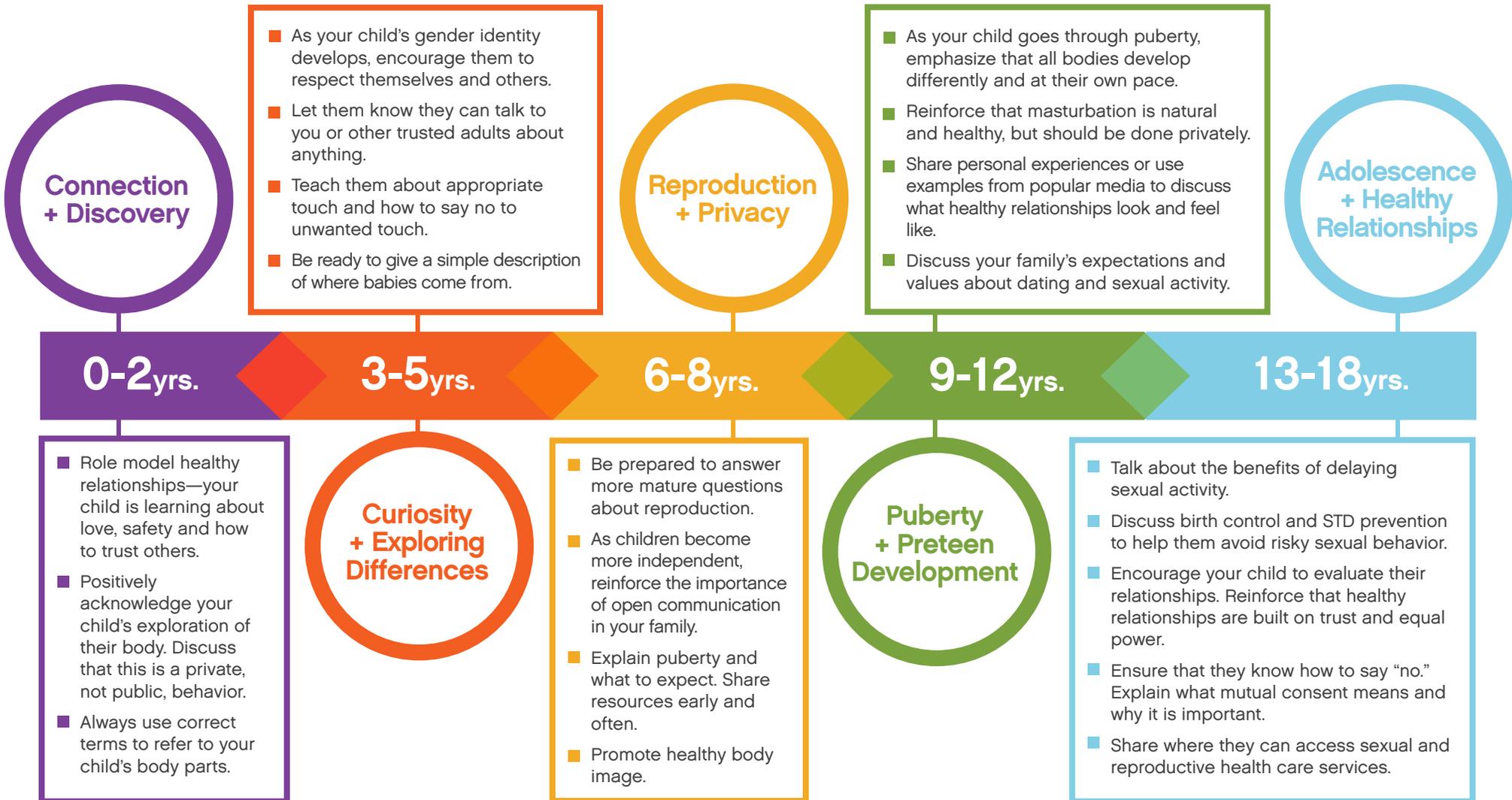


# talk with your kids

It's always the right time to communicate openly and honestly with your kids.

The timeline + tips\* below were developed to help you build a foundation of trust + mutual respect with your kids + start an ongoing conversation with them as they develop + grow.



This resource was developed by California Family Health Council + Planned Parenthood of Los Angeles.

\*These tips are based on evidence-informed recommendations from experts in the field.

Learn more @ [talkwithyourkids.org](https://talkwithyourkids.org)