

# Riverside Resilience

We are dedicated to preventing and reducing the number of adverse childhood experiences (ACEs) in the Riverside region countywide, creating opportunities to heal from past trauma and building resilient communities.

Riverside Resilience is a countywide initiative of collaborative service providers, systems, and community members representing early childhood, family services, education, health care, mental health, juvenile, adult and civil justice, government, business, and other community-based organizations. We strive to create a more resilient Riverside region by educating individuals, communities and organizations about ACEs, trauma and resilience; and, by providing training and resources for making policy and practice changes that are needed to create healing in our community, organizations and systems.

## What We Do

- Shared learning: Provide opportunities for community members to network and collaborate with each other.
- Educate community partners in Riverside County about ACEs and the effects of toxic stress by creating materials and hosting ACEs 101 sessions across different sectors including health, mental health, faith-based communities, juvenile, adult and civil justice, businesses, family serving organizations and schools.
- Actively supports the implementation of trauma-informed practices that increase resilience and wellness for all residents.
- Recognizes the mental and emotional impact on those who provide services to communities that experience high ACE scores.
- Seeks to create empathetic environments that promote self-care and resilience building for our communities.

## Early Results

- In March 2018 the Riverside Resilience Initiative hosted a countywide meeting for community partners to review an action plan to guide efforts in creating trauma-informed, resilience-building organizations.

## Legislative Districts

Assembly: 33, 42, 56, 60, 61, 67, 71, 75  
 Senate: 16, 23, 28, 31

## Contact Information

Dianne Leibrandt, MPH, MSc  
 Community Engagement Coordinator  
 Epidemiology and Program Evaluation  
 Riverside University Health System –  
 Public Health  
[DLeibrandt@rivcocha.org](mailto:DLeibrandt@rivcocha.org)

## Learn More

- [ACEs Connection](#)
- [ACEsTooHigh.com](#)
- [4CAKids.org](#)
- California Campaign to Counter Childhood Adversity

2016 Estimated Percentages Reported by Parents	USA	CA	Riverside County
Children ages 0-17 who have experienced 2+ adverse experiences	21.7%	16.4%	<b>16.7%</b>
Children ages 6-17 who are calm and in control when facing a challenge	49.7%	52.4 %	<b>52.5%</b>

**Data Source:** As cited on [kidsdata.org](https://kidsdata.org), Population Reference Bureau, analysis of data from the National Survey of Children's Health and the American Community Survey (Mar. 2018).