

List of donated resources:

8 total DVDs:

- RESILIENCE: The Biology of Stress & The Science of Hope (4 copies)
- PAPER TIGERS: One high school's unlikely success story (4 copies)

49 total books:

- The Deepest Well: Healing the Long-Term Effects of Childhood Adversity by Nadine Burke Harris M.D. (2 copies)
- The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma by Bessel van der Kolk M.D. (2 copies)
- The Silenced Child: From Labels, Medications, and Quick-Fix Solutions to Listening, Growth, and Lifelong Resilience by Claudia M. Gold (2 copies)
- Childhood Disrupted: How Your Biography Becomes Your Biology, and How You Can Heal by Donna Jackson Nakazawa (2 copies)
- Building Resilience in Children and Teens: Giving Kids Roots and Wings by Kenneth R. Ginsburg MD FAAP (4 copies)
- A Terrible Thing Happened by Margaret M Holmes, Sasha J Mudlaff (4 copies)
- Wilma Jean the Worry Machine by Julia Cook, Anita DuFalla (4 copies)
- Keeping Your Child in Mind: Overcoming Defiance, Tantrums, and Other Everyday Behavior Problems by Claudia M. Gold (2 copies)
- Scared Selfless: My Journey from Abuse and Madness to Surviving and Thriving by Michelle Stevens PhD (2 copies)
- Scarcity: Why Having Too Little Means So Much by Sendhil Mullainathan, Eldar Shafir (2 copies)
- When the Body Says No: Understanding the Stress-Disease Connection by Gabor Maté M.D. (4 copies)
- Waking the Tiger: Healing Trauma by Peter A. Levine, Ann Frederick (2 copies)
- It's Not Always Depression by Hilary Jacobs Hendel (4 copies)
- Raising Resilient Children by Robert Brooks, Sam Goldstein (4 copies)
- Trauma and Recovery by Judith L. Herman (2 copies)
- Mindfulness & Yoga Skills by Barbara Nieman (5 copies)
- Reaching and Teaching Children Exposed to Trauma by Barbara Sorrels (2 copies)
- Play Therapy by Clair Mellenthin (4 copies)