

Ready to Embrace PEACE in Sonoma County?

Violence is pervasive, and many people are looking for alternatives. One of our deepest needs is real connection. **Alternatives to Violence Project** workshops offer opportunities to discover strength, connect deeply, be joyful, and be deeply nourished.

You will learn how to create a safe environment to make this possible. You will learn to confront and resolve conflict in your life, your relationships, and your community. Our workshops use the shared experiences of participants, interactive exercises, games, and role playing to see beyond differences, to explore common ground, and to discover the power within ourselves to transform lives - our own, and those around us.



What: Basic Workshop - Level 1

When: April 13 and 14, 2019

Saturday: 4/13 - 8:30am snacks; 9am - 5pm workshop

Sunday: 4/14 - 8:30am snacks; 9am - 4pm workshop

Where: Amarosa Academy, 3261 Dutton Avenue, Santa Rosa

Cost: Sliding scale \$45 - \$150

(no one turned away for lack of funds)

Fee includes all materials, food and snacks.

All AVP facilitators are non-paid volunteers.

REGISTRATION IS REQUIRED (scholarships are available)

For more information and to register, call John at: (707) 576-0511.

"AVP is one of the most satisfying, nourishing, touching, and joyous things I've experienced. It was profound. I laughed more than I have in years." Judy D. AVP facilitator

Alternatives to Violence Project

Bringing peace to our community

P.O. Box 5283, Santa Rosa, CA 95402 - www.avpcalifornia.org