

Connection, Capacity & Change
Presents
A Free Webinar Series with Laura Porter

Sept. 30 Wednesday from 10-11:30 am

Using the Principles of Self-Healing Communities to Be Resilient Now

Facilitated by Jane Rogan, Aurora Santa Rosa Hospital

<https://www.eventbrite.com/e/using-the-principles-of-self-healing-communities-to-be-resilient-now-tickets-122178000689>

Oct. 7 Wednesday 11:30 am-1 pm

Using Data to Build Self-Healing Sonoma Communities

Facilitated by Halley Cloud, Petaluma HealthCare District

<https://www.eventbrite.com/e/using-data-to-build-self-healing-sonoma-communities-tickets-122178929467>

Oct. 15 Thursday 10-11:30 am

Facilitated by Becky Ennis, SOS Counseling

ACEs and Self-Healing Communities for Policy and Decision Makers

<https://www.eventbrite.com/e/aces-and-self-healing-communities-for-policy-and-decision-makers-tickets-122179124049>

Laura Porter of ACE Interface will draw on her years of experience working with communities to speak specifically to Sonoma participants about how to take concrete steps to address ACEs and other trauma.

Laura Porter works with leaders in over 30 states, providing education, facilitation, and empowerment strategies for building Self-Healing Communities. She provides support and services to a wide range of groups, from parents and youth who are convening neighborhood conversations, to philanthropic leaders and government officials who are using ACE science in investment and policy decisions. She and Dr. Robert Anda founded ACE Interface to help leaders to use ACE concepts to build Self-Healing Communities.

Self-Healing Communities is a model for increasing the capacity of communities to prevent ACEs and their effects, developed by Laura Porter. Stunning success from the model, including reduction in the rates of major social and health problems, are documented in peer reviewed journals, an article titled “Self-Healing Communities,” published by the Robert Wood Johnson Foundation, and in the documentary “Resilience” by KPJR Films.

ACEs are traumatic or stressful experiences that affect human development and were investigated in a landmark study called “The ACE Study”.

This series of webinars is being provided by St. Joseph Health, Community Health Investment and the Connection, Capacity and Change a collaborative of community partners and Health Action members, as part of its work to support the understanding of ACEs and the adoption of practices that support efforts that help Sonoma communities become more resilient and compassionate.